

# Think Ya Know?

## If Your Child is Using Marijuana?

### Warning Signs of Child Drug Use

Here are some things to look out for that may be indicators that your child or teen is using marijuana. None of these in and of themselves necessarily mean that there is use, but if you can check off several of these, you may want to talk to your child and/or seek professional help.

- Intense mood swings
- Sullen, withdrawn, depressed
- Loss of inhibitions
- Loss of or increased appetite
- Excessive weight loss
- Hostile, angry, uncooperative
- Avoids eye contact
- Clumsy
- Cash flow problems
- Relationship changes
- Over sleeping
- Endless excuses
- Vomiting
- Slurred speech
- Loss of interest in school and activities
- Poor hygiene
- Deceitful
- Secretive
- Paranoia
- Self-harm
- Suicidal ideations
- Irrational statements
- Takes many long, hot showers at odd times
- Many lighters hidden around house and in backpack
- Rolling papers and pouches
- House/room smells like Jolly Ranchers candy

If you feel like your child may have a problem, contact Partnership for Drug Free Kids ([drugfree.org](http://drugfree.org), text 55753) or a counselor as soon as possible. **If they are experiencing suicidal ideations or self-harming, get immediate help through your local doctor or emergency room.** Today's high-potency marijuana has been linked to teen suicide.

Learn more at [PopPot.org](http://PopPot.org)